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Research on the factors determining the expenditure pattern of Russian and foreign tourists in the Territory of the Russian Federation

Investigación sobre los factores que determinan el patrón de gastos de turistas tanto rusos como extranjeros en el territorio de la Federación de Rusia

Tatiana Viktorovna KHARITONOVA 1; Lyudmila Ivanovna CHERNIKOVA 2; Tatiana Aleksandrovna SLEPNEVA 3

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ABSTRACT:

Generally, the tourism expenditures of a person quantitatively exceed the consumption expenditures in his or her daily routine. Determining and structuring the composition of the tourism expenditures is one of the main and most complex problems due to the influence of a variety of factors: the status value of the tourism consumption, the level of economic, social and political development of the territory where the tourist is staying, as well as the period of stay and the type of tourism. Thus, the outbound tourism flow corresponds to the category of the international tourism expenditures, while the inbound tourist flow corresponds to the income from international tourism. To enable the qualitative tourism development in the federal subjects of the Russian Federation, it is essential to clearly understand the expenditure structure of inbound and outbound tourists with the purpose of taking balanced decisions, which may have a great impact on the level and the quality of the tourism services, rendered by

RESUMEN:

En general, los gastos de turismo de una persona exceden cuantitativamente los gastos de consumo en su rutina diaria. La determinación y estructuración de la composición del gasto turístico es uno de los problemas principales y más complejos debido a la influencia de una variedad de factores: el valor del estado del consumo turístico, el nivel de desarrollo económico, social y político del territorio donde el el turista se queda, así como el período de estadía y el tipo de turismo. Por lo tanto, el flujo de turismo de salida corresponde a la categoría de los gastos de turismo internacional, mientras que el flujo de turistas entrantes corresponde a los ingresos del turismo internacional. Para permitir el desarrollo turístico cualitativo en los sujetos federales de la Federación de Rusia, es esencial comprender claramente la estructura de gasto de los turistas entrantes y salientes con el fin de tomar decisiones equilibradas, que pueden tener un gran impacto en el nivel y la calidad de los turistas. los servicios de turismo,

Russian regions, as well as for the planning of the commercial activity.

Keywords: Inbound and outbound tourism, tourism expenditures, structure, factors, the Moscow Region.

prestados por las regiones rusas, así como para la planificación de la actividad comercial.

Palabras clave: turismo receptivo y emisivo, gastos de turismo, estructura, factores, la región de Moscú.

1. Introduction

Currently, it is considered evident that the Federal Target Program (FTP) "Development of Domestic and Inbound Tourism in the Russian Federation (2011-2018)" has given its positive results (Chernikova, & Faizova, 2016). Consequently, according to the data, provided by the Federal State Statistics Service, the quantity of "domestic" tourists for the period of 2011-2016 increased from 1741.0 thousand people to 3284.2 thousand people, that is, by 1.9 times. Over the same period, the foreign tourism flow to the Russian Federation increased from 225.9 thousand people to 595.6 thousand people (by 2.5 times).

Apart from Moscow and Saint Petersburg, the Russian tourists find most attractive for visiting such cities as Kazan, Sochi, Nizhny Novgorod, Yaroslavl, Kaliningrad, Ekaterinburg, Anapa, Vladimir, Gelendzhik, Suzdal, Kostroma, etc. (Kaurova *et al.*, 2015).

Foreign tourists still consider Moscow to be the most "desirable" city. In the 2016 rating of the most popular tourist cities of the world, Moscow ranked 59th, while Saint Petersburg was only 85th. This is true regardless of the fact that, according to many experts, Moscow is one of the most "expensive" cities for the tourists, especially judging by the cost of hotel rooms (Chernikova *et al.*, 2015). The research, held by the authors, has shown that the tourism expenditures for a one-day stay in Moscow amount to \in 85-100, while in Saint Petersburg they are equal to \in 65-80.

Recently, the Moscow Region has become quite a popular tourist destination. This may be explained by its proximity to Moscow, as well as by the existence of the numerous tourist landmarks. Thus, there are over 6400 cultural and historical heritage sites in the territory of the Moscow Region (5% from the all-Russian figure). Among the major sites, there are the Trinity Lavra of St. Sergius, included in the list of UNESCO World Heritage Sites, and the Russian Orthodox Sacred Centre. Apart from that, the Moscow Region is witnessing the quick development of farmstead tourism – the holidays in renovated noble estates (Sakharchuk $et\ al.$, 2013). Tourist expenditures for a one-day stay in the territory of the Moscow Region amount to $ext{ }$ 70-85.

How can such significant tourism expenditures be explained? To answer this question, the authors have conducted special research, the results of which are presented in this article. The research was held in the territory of Moscow and the Moscow Region, which were combined for the sake of convenience in one single tourist destination – the Moscow Region (Dzhandzhugazova *et al.*, 2016).

2. Methods

To determine and assess the inbound and outbound tourism expenditures in the Moscow Region, the opinion poll in a form of a questionnaire was conducted among the tourists. The sampled population of the respondents was equal to 400 people. Before starting the opinion poll, the tourists were segmented based on the level of the tourism activity. The following matrix was made for that purpose (Table 1).

Table 1The matrix of the tourism activity

| Level of tourism requirements | |
|-------------------------------|---|
| Low | High |
| | |
| | Young people up to 30 with moderate income. |

| | Low | Social tourists | Temporarily unemployed. | |
|-------------------------------|------|---|--|--|
| Level of tourism expenditures | | | | |
| | High | Senior tourists above 60 with average income. Tourists up to 60 with average income, whose tourism requirements are not well-formed | Tourists in the 30-60 age group, who have stable income (average and high) | |

The first criterion of the matrix shows the formation of tourist requirements, that is, the tourist inclination to consuming the additional and related services in the tourism framework. The second criterion is the level of tourism expenditures, which allows meeting the tourism requirements.

For the aims of the research, the following segments with the high level of tourism requirements have been selected:

- the segment with the high level of tourism requirements, but with the low level of the tourism expenditures is represented by intramural students;
- the segment with the high level of tourism requirements and the high level of tourism expenditures is represented by the people who work in the production, services and management spheres.

The general characteristic of the respondents is as follows.

The number of women-respondents amounted to 68%; the number of men was 32%. Such a correlation is explained by the psychological factor – females are more easy-going.

The segment of students amounted to 36%, while the segment of working people was equal to 54%.

The highest percentage in the respondents' structure (63% in the students' segment and 75% in the working people's segment) was related to the tourists who stayed in the territory of the region for over 2 days. This fact is considered highly important for the research, since the longer the stay, the more probable the requirement of the additional services may be.

The majority of the travellers (87% in the students' segment and 67% in the working people's segment) was composed by the tourists, which were travelling in a group. This fact is also essential for the research, since the travelling in a group more frequently leads to the appearance of a multiple (synergetic) effect from the point of view of the formation of tourism requirements, as well as from the point of view of tourism expenditures.

3. Results

The results of the research have shown that the most popular service in the students' segment (100%) was the purchase of souvenirs. It was followed by visits to the parks, zoos, water parks and other recreational places (63%), and then followed by excursions (50%). Other services were popular to a lesser degree. The medical and health services were the most neglected category among the students' segment. According to the authors, this is connected with the tourism direction of the Moscow Region for the young people – mainly it is considered to be the culture-related tourism.

The most eagerly-sought services (84%) among the working people's segment were the services of restaurants and cafes. All other services were popular to a lesser degree.

The majority of the respondents from the students' segment (74%) indicated that they spent up to 10 thousand roubles on additional services, while the working people's segment stated that they spent up to 20 to 30 thousand roubles. This is fully explained by the income factor, which has been accounted for in the initial segmentation.

The respondents stated that the main reason which reduced the consumption of the additional services in the student's segment was the high prices (38%) and the limited budget of a traveller (38%). The working people's segment respondents named the poor quality of services (67%) and the high prices (42%). The latter is mainly explained by the fact that Moscow and the Moscow Region are related to the regions with high cost of life.

Table 2 represents the additional services, which are the most significant among the respondents from the point of view of expenditures.

Additional services, which are the most significant from the point of view of the expenditures

| Student's segment | Working people's segment |
|---------------------------------------|--|
| Purchase of souvenirs – marked by 50% | Accommodation services – marked by 66% |
| Excursions – 38% | Cafes and restaurants – 42% |
| Accommodation services – 38% | Excursions – 33% |
| Cafes and restaurants – 38% | Medical and health services – 33% |

Within the framework of the tourism expenditures' research in the Moscow Region, a small segment of the social tourists was detected. To make the analysis comprehensive, let us briefly examine this segment.

The segment of social tourists is 100% represented by a mixed composition of travelers, who stay in the territory of the region for over 2 days, which is quite a prolonged period.

It should be assumed that given the limited budget of a traveller, they spend small amounts on the additional services, which is fully confirmed by the research (up to 10 thousand roubles). All services consumed by them (except the purchase of the souvenirs) are the essential ones and constitute the most prominent expenditures.

Table 3 represents the services, with the quality of which the students-respondents were mainly satisfied or dissatisfied. Table 4 shows the same information in respect with the working respondents.

Table 3The services, with the quality of which the students-respondents were mainly satisfied or dissatisfied

| Types of services | Percentage of the respondents, who were satisfied with the quality of services | Percentage of the respondents, who were dissatisfied with the quality of services |
|---|--|---|
| Purchase of souvenirs | 63% | 13% |
| Accommodation services | 13% | 50% |
| Cafes and restaurants | - | 50% |
| Fast-food meals | 25% | - |
| Visits to parks, zoos, water parks and others | 25% | 25% |

Table 4The services, with the quality of which the working r espondents were mainly satisfied or dissatisfied

| Types of services | Percentage of the respondents, who were satisfied with the quality of services | Percentage of the respondents, who were dissatisfied with the quality of services |
|-----------------------------------|--|---|
| Visit to sports facilities | 50% | - |
| Purchase of souvenirs | 42% | 8% |
| Dry cleaning and laundry services | 42% | - |
| Accommodation services | 8% | 92% |
| Excursions | 33% | 50% |

According to the tables, a conclusion may be drawn that the respondents are mostly dissatisfied with the quality of the accommodation services. The service, with the quality of which the respondents of both groups are mainly satisfied, is the purchase of souvenirs. Moreover, the respondents from the working people's segment are satisfied with the quality of the services, rendered during the visits to the sports facilities.

The conducted opinion poll has shown that the consumers of the tourism services in the Moscow Region are mainly dissatisfied with its quality. One of the major reasons for the insufficient quality of the tourism services is stated to be the low level of service at the institutions of the hospitality industry, according to the respondents from both consumption segments. It was noted by 63% of the students-respondents and 67% of the working people-respondents. To increase the level of servicing, according to the respondents, it is required to reinforce the control over the quality of the rendered services at all levels of the management hierarchy.

4. Factor analysis

The structure of tourism expenditures is the cost component for each type of tourism goods or services in its overall volume. Among the factors, determining this structure, there are the level of income, the prices, the quantity, the age composition of the population, the urbanization and others.

One of the most essential factors, having its impact on the level of the tourism expenditures, is the annual income of a consumer.

The average income per person of a certain consumption group at a set level of prices is the indicator of the quality of life of the examined group. The experience has proven that the mass tourism development may be observed at reaching a certain income level per consumer. In other words, the income level should be higher than the income level required for usual consumption.

As a rule, tourism trips are financed by the part of the income left after covering the essential requirements. Since this part of income is constantly changing, the demand for tourism is also fluctuating. There are different points of view on the level of income, which would permit travelling. The majority of researchers believe that the monthly income of 500 dollars per person is the minimum amount of money which makes the travelling possible (Caldito *et al.*, 2015).

The second component of the level of tourism expenditures is the price. To determine its influence on the demand for tourism, it is necessary to compare the prices at the place of a

permanent stay of a tourist with the prices of his or her temporary stay.

Consequently, if the deviation of the level of price is positive, then, under other equal conditions, the tourism expenditures will increase.

Obviously, the tourism expenditures will increase with the quality of life. This goes against the theory, which states that the price is the factor which inhibits its growth. The calculation of the "tourist set" price will prove this point of view.

While forming a standard "tourist set", a tourist is choosing a limited circle of services. Its cost has a direct impact on the assessment of a particular country as "expensive" or "cheap" for a tourist (Kharitonova *et al.*, 2014).

Currently, the strengthening of the rationalism factor should be noted in the behavior of a consumer-tourist. The irrational motives can be attributed to a tourist only as an exception from the rule. Generally, it is related to the category of tourists, who visit the most popular and expensive places, for example, the so-called "fashionable resorts". Unreasonably expensive pricing of the goods and services, poor sanitary conditions and lack of order sometimes lead to the reduction of the tourism expenditures, although, it is so to a lesser degree, than the level of income and prices (Larionova *et al.*, 2017).

The high prices on the goods and services for the tourists may also be a factor, which stimulates the demand. The theoretical economics calls it "the Veblen effect" or "the snobbery effect". It is connected with the goods and services, which are prestigious and wealthy and indicate the belonging to a certain class or a social group.

The third important factor is the comfort of a tourist or the level of service. This factor is mostly depending on the level of the economic development of a country (Vapnyarskaya *et al.*, 2015).

Except for the above-considered factors, the psychological factor also influences the level of the tourism expenditures. Among these factors there are: social mobility, ethnocentrism, state of health, intellectual interest, family ties, the risks during the travel and a difficulty in using transport means (Chernikova, & Kharitonova, 2015).

The research on the influence of the major factors on the structure of tourism expenditures is fully confirmed by the results of the marketing research, held in the Moscow Region.

Thus, according to the respondents, the major factors, which have an impact on the structure of the tourism expenditures in the Moscow Region, which specializes in the **recreational tourism**, are:

- income (limited budget of a traveller) 53%;
- price 42%;
- lack of a need (requirement) 37%;
- low quality of the additional and related tourism services 5%.

At the same time, the major factors, which have an impact on the structure of the tourism expenditures in Moscow, where the **culture-related tourism** is largely developed, are:

- income (limited budget of a traveller) 38%;
- price 38%;
- low quality of additional and related tourism services 34%;
- lack of a need (requirement) 24%.

Based on the above-mentioned information, let us calculate the structure of the tourism expenditures for two main types of the regions for tourists (Tables 5-6).

Table 5

The approximate structure of the tourism expenditures in the regions, which specialize in the recreational tourism

| Expenditures | Amount, % |
|-------------------------|-----------|
| - cafes and restaurants | 11.1 |

| - purchase of souvenirs - purchase of food in the shops - visits to museums, art galleries and exhibitions - visits to parks, zoos, botanic gardens, water parks, amusement parks, dolphinariums, etc. - excursions - excursions - eating at a canteen or some food services areas organized on-site - eating at the fast-food chains - eating at the fast-food chains - accommodation services (in hotels, hostels and others) - purchase of medicines - purchase of groceries, except food (alcohol and tobacco) - services of private transport (taxi) - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means 1.3 - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services | | |
|---|--|------|
| - purchase of food in the shops - visits to museums, art galleries and exhibitions - visits to parks, zoos, botanic gardens, water parks, amusement parks, dolphinariums, etc. - excursions - eating at a canteen or some food services areas organized on-site - eating at the fast-food chains - eating at the fast-food chains - accommodation services (in hotels, hostels and others) - purchase of medicines - purchase of groceries, except food (alcohol and tobacco) - services of private transport (taxi) - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to entertainment centers and night clubs - hairdressing services - bath house and sauna services 1.3 | - public transport | 11.1 |
| - visits to museums, art galleries and exhibitions 7.9 - visits to parks, zoos, botanic gardens, water parks, amusement parks, dolphinariums, etc. 7.2 - excursions 6.5 - eating at a canteen or some food services areas organized on-site 6.5 - eating at the fast-food chains 5.2 - accommodation services (in hotels, hostels and others) 4.5 - purchase of medicines 3.3 - purchase of groceries, except food (alcohol and tobacco) 2.6 - services of private transport (taxi) 2.6 - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means 1.3 - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events 1.3 - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services | - purchase of souvenirs | 10.5 |
| - visits to parks, zoos, botanic gardens, water parks, amusement parks, dolphinariums, etc. - excursions - eating at a canteen or some food services areas organized on-site - eating at the fast-food chains - eating at the fast-food chains - accommodation services (in hotels, hostels and others) - purchase of medicines - purchase of groceries, except food (alcohol and tobacco) - services of private transport (taxi) - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services | - purchase of food in the shops | 9.2 |
| - excursions 6.5 - eating at a canteen or some food services areas organized on-site 6.5 - eating at the fast-food chains 5.2 - accommodation services (in hotels, hostels and others) 4.5 - purchase of medicines 3.3 - purchase of groceries, except food (alcohol and tobacco) 2.6 - services of private transport (taxi) 2.6 - purchase of essential non-food goods 2.0 - visits to sports facilities (swimming pool, gym, etc.) 2.0 - hire of transport means 1.3 - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events 1.3 - visits to entertainment centers and night clubs 1.3 - hairdressing services 1.3 | - visits to museums, art galleries and exhibitions | 7.9 |
| - eating at a canteen or some food services areas organized on-site - eating at the fast-food chains - eating at the fast-food chains - accommodation services (in hotels, hostels and others) - purchase of medicines - purchase of groceries, except food (alcohol and tobacco) - services of private transport (taxi) - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services | - visits to parks, zoos, botanic gardens, water parks, amusement parks, dolphinariums, etc. | 7.2 |
| - eating at the fast-food chains 5.2 - accommodation services (in hotels, hostels and others) 4.5 - purchase of medicines 3.3 - purchase of groceries, except food (alcohol and tobacco) 2.6 - services of private transport (taxi) 2.6 - purchase of essential non-food goods 2.0 - visits to sports facilities (swimming pool, gym, etc.) 2.0 - hire of transport means 1.3 - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events 1.3 - visits to sports events 1.3 - hairdressing services 1.3 - bath house and sauna services 1.3 | - excursions | 6.5 |
| - accommodation services (in hotels, hostels and others) - purchase of medicines - purchase of groceries, except food (alcohol and tobacco) - services of private transport (taxi) - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services 1.3 | - eating at a canteen or some food services areas organized on-site | 6.5 |
| - purchase of medicines - purchase of groceries, except food (alcohol and tobacco) - services of private transport (taxi) - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services 1.3 | - eating at the fast-food chains | 5.2 |
| - purchase of groceries, except food (alcohol and tobacco) 2.6 - services of private transport (taxi) 2.6 - purchase of essential non-food goods 2.0 - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means 1.3 - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events 1.3 - visits to entertainment centers and night clubs 1.3 - hairdressing services 1.3 - bath house and sauna services 1.3 | - accommodation services (in hotels, hostels and others) | 4.5 |
| - services of private transport (taxi) - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services - bath house and sauna services 1.3 | - purchase of medicines | 3.3 |
| - purchase of essential non-food goods - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services 1.3 | - purchase of groceries, except food (alcohol and tobacco) | 2.6 |
| - visits to sports facilities (swimming pool, gym, etc.) - hire of transport means - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services 1.3 | - services of private transport (taxi) | 2.6 |
| - hire of transport means 1.3 - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events 1.3 - visits to entertainment centers and night clubs 1.3 - hairdressing services 1.3 - bath house and sauna services 1.3 | - purchase of essential non-food goods | 2.0 |
| - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services 1.3 | - visits to sports facilities (swimming pool, gym, etc.) | 2.0 |
| related to souvenirs (clothes, shoes, bed linen, crockery, etc.) - visits to sports events - visits to entertainment centers and night clubs - hairdressing services - bath house and sauna services 1.3 | - hire of transport means | 1.3 |
| - visits to entertainment centers and night clubs - hairdressing services 1.3 - bath house and sauna services 1.3 | - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) | 1.3 |
| - hairdressing services 1.3 - bath house and sauna services 1.3 | - visits to sports events | 1.3 |
| - bath house and sauna services 1.3 | - visits to entertainment centers and night clubs | 1.3 |
| | - hairdressing services | 1.3 |
| Total 100 | - bath house and sauna services | 1.3 |
| | Total | 100 |

Table 6
Approximate structure of tourism expenditures in the regions, which specialize in the culture-related tourism

| Expenditures | Amount, % |
|-------------------------|-----------|
| - purchase of souvenirs | 8.7 |

| - excursions | 6.5 |
|--|-----|
| - cafes and restaurants | 6.1 |
| - visits to museums, art galleries and exhibitions | 6.1 |
| - visits to parks, zoos, botanic gardens, water parks, amusement parks, dolphinariums, etc. | 6.1 |
| - public transport | 5.8 |
| - accommodation services (in hotels, hostels and others) | 5.8 |
| - eating at the fast-food chains | 5.4 |
| - medical and health services | 4.0 |
| - purchase of food in the shops | 4.0 |
| - visits to entertainment centers and night clubs | 4.0 |
| - services of private transport (taxi) | 4.0 |
| - visits to sports facilities (swimming pool, gym, etc.) | 3.6 |
| - purchase of the goods and the folk crafts from the local manufacturers, which are not related to souvenirs (clothes, shoes, bed linen, crockery, etc.) | 3.6 |
| - bath house and sauna services | 3.6 |
| - purchase of groceries, except food (alcohol and tobacco) | 3.2 |
| - visits to cinema | 3.2 |
| - eating at a canteen or some food services areas organized on-site | 2.9 |
| - hire of transport means | 2.9 |
| - visits to theaters | 2.9 |
| - dry cleaning and laundry services | 2.2 |
| - purchase of essential non-food goods | 1.8 |
| - visit to sports events | 1.1 |
| - purchase of medicines | 1.1 |
| - hairdressing services | 0.7 |
| - tailoring repairs' services | 0.7 |
| | |

Total 100

5. Conclusion

Such typical structures may be used for forecasting the incomes of the regional budgets from the development of tourism, as well as for the elaborating target programs, aiming to improve the competitive ability of the Russian tourism destination in the domestic and foreign tourism markets.

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- 1. Financial University under the Government of the Russian Federation, 49 Leningradsky Prospekt, Moscow, Russia, 125993, GSP-3
- 2. Financial University under the Government of the Russian Federation, 49 Leningradsky Prospekt, Moscow, Russia, 125993, GSP-3, E-mail: tariff2004@mail.ru
- 3. Financial University under the Government of the Russian Federation, 49 Leningradsky Prospekt, Moscow, Russia, 125993, GSP-3.

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